



Wednesday, May 21, 2025

Epic Day of Service

Saturday, May 10, 2025



Around 9:00 am on May 10, some of our members, an Interactor, Rowan, and her dad, Wes, gathered at the Esso station, put on our safety vests, and started our highway cleanup work toward the hot springs road.

At first, we were wondering if there would be enough garbage to pick up on the highway, as it appeared fairly decent. However, within 1 km we managed to find enough things (pieces of cardboard, old garbage bags, plastics, etc) to fill several bags on Jim's truck. Some cars and trucks passing by honked their horns of support.

It happened that the head of recycling for the Regional District of Central Kootenay was passing by and saw our activity. He was very appreciative of our service, and took our photo, which will be in their next Regional District News Bulletin!

Peace Literacy

Tuesday, May 20, 2025

What is Peace Literacy?

Peace Literacy is an educational Program that teaches Peace Skills to students, focusing on **Aggression**.



Students will learn that **Aggression** is a response to distressed emotions such as:

Fear
Disrespect
Frustration
Insecurity
Humiliation

Betrayal
Shame
Physical Discomfort
Psychological Trauma
Loneliness

Alienation
Low Self-Worth
Disappointment
Despair
Rejection

Students will also learn about **Human Needs** such as:

Purpose & Meaning
Nurturing Relationship
Explanation

Expression
Inspiration
Belonging

Self-Worth
Challenge
Transcendence

When these are unmet, they could cause emotional distress.

In the Peace Literacy program, students will learn to recognize the "Distressed Emotions" hidden underneath aggressive behaviours, and learn to address them **creatively**, with a solid understanding of "Human Needs."

The Peace Literacy Institute will be offering a **5-Week, Self-Paced, Online Course on Aggression**, starting on July 21, 2025. This course is designed for teachers and administrators to learn about Peace Literacy. Through Rotary, the discounted course fee will be US\$150.

Upon completion of the course, if teachers are interested in using Peace Literacy concepts in any capacity in their classrooms, they will be able to download an age-appropriate school curriculum, free of charge, from the Peace Literacy website.

<https://www.peaceliteracy.org/>

If you are interested in taking the course, please contact:

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Read more to find out a teacher's story from Grand Forks...
[Read More](#)

June 3rd
Club Meeting
June 17th
Club Meeting

Club Officers



Kees van der Pol
President
President-Elect



Andrew J. Gabb
Rotary
Foundation Chair
Treasurer



Paul H Britton
Public Relations
Chair



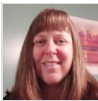
Mayumi van der Pol
Bulletin Editor
Club Peace Chair



Sara Collinson
iPast President
Membership Chair



Andreea Myhal
Club Service Chair



Lori Mackenzie
Club Young
Leaders Contact
Secretary
Interact Club
Sponsor
Youth Protection
Officer

Birthdays



Andreea Myhal
June 11th